



**GUARDIAN GUIDE**

**2026**

**SYNERGY**  
DANCE  
COMPETITION

**BURNABY**

**MICHAEL J FOX THEATRE**

## VENUE

Michael J Fox Theatre

Location Address:  
7373 MacPherson Avenue

## PARKING

**Free parking at theatre.**  
**Venue is very firm about NOT breaking parking rules, do not park in the school during school hours.**

## EVENT SCHEDULE

Download a free event program from the website at [www.synergydancecompetition.ca](http://www.synergydancecompetition.ca)

Or view the schedule in live time on the DAKIKI app

## ADMISSION

**ADULTS:** \$5/Day or “free” with a non-perishable donation to the local foodbank.

**STUDENTS:** FREE

**SENIORS (65+):** FREE

Full Event Pass \$20

## PHOTO/VIDEO

**Photos and Videos from this event are available to download for FREE at <https://www.dakiki.com/photos-videos>**



## LIVESTREAM

**Watch this event on livestream on the home page of the website:**

[www.synergydancecompetition.ca](http://www.synergydancecompetition.ca)



## OPENING HOUR

The venue opens for warm up one hour before the first dance of the day. Early arrival is not available.

## PROPS

Props can be taken to the loading bay for load into the theatre stage. This is behind the building close to the field. The loading bay will need to be opened during a break as the opening it shines light on stage and is noisy.

## OVERALL AWARDS TIMES

Download the event program for a list of overall awards times. As the performances from each overall category are completed overall award sessions are scheduled throughout the event. Review the event program to see which are applicable to your dancer.

## SHOWDOWN FINALS

The Showdown Finals takes place at 6:30pm and is expected to take 2.5 hours with awards. Review the qualifying guide to determine how routines qualify. The showdown is a ticketed event. Participating dancers are permitted in the theatre in the designated seats only -or- need to purchase an alternative ticket.

## HOTEL

Sandman Vancouver  
Downtown

discount code

**2604SYNERG**

## EATS

- **JOEY Burnaby:** Located at 109 - 1899 Rosser Ave, featuring a lounge, patio, and happy hour.
- **Trattoria Burnaby (by Italian Kitchen):** Known for its Italian menu, patio, and weekend brunch, located nearby on Kingsway.
- **The Keg Steakhouse + Bar - Burnaby:** Offers steaks and seafood in close proximity to the theatre. [OpenTable +2](#)



Download on the  
**App Store**



GET IT ON  
**Google Play**

**For iPhone**



**For Android**



# DOWNLOAD

# free photos/videos

need support?

Email: [Media@globaldanceservices.com](mailto:Media@globaldanceservices.com)

The media department will respond on  
Mondays and Thursdays

# HOW TO ADVANCE TO THE SYNERGY SHOWDOWN

12YRS & UNDER

13YRS & OVER

Top 4 Groups (Max 1 Per Studio) from:

GROUP A

JAZZ  
STREET DANCE  
ACRO



Top 4 Groups (Max 1 Per Studio) from:

GROUP A

JAZZ  
STREET DANCE  
ACRO

Top 4 Groups (Max 1 Per Studio) from:

GROUP B

BALLET DIVISION  
CONTEMPORARY  
LYRICAL

Top 4 Groups (Max 1 Per Studio) from:

GROUP B

BALLET DIVISION  
CONTEMPORARY  
LYRICAL

Top 4 Groups (Max 1 Per Studio) from:

GROUP C

TAP  
MUSICAL THEATRE/STAGE  
SONG & DANCE  
MODERN/NATIONAL/OPEN



Top 4 Groups (Max 1 Per Studio) from:

GROUP C

TAP  
MUSICAL THEATRE/STAGE  
SONG & DANCE  
MODERN/NATIONAL/OPEN